

Fresh As Cafe

SPECIAL DIETARY REQUIREMENTS MENU

All items are made fresh upon order.

GLUTEN FREE

Sandwiches and wraps	\$4.50
<i>Ham and Salad, Chicken and Salad, Egg and Lettuce, Curried Egg.</i>	
<i>Special sandwiches can also be made to order</i>	
Cheese Sandwich	\$2.00
Sushi	\$5.00
Tuna (can)	\$2.00
Vege Chips	\$1.50
Fresh Fruit	\$1.00
Fruit Salad	\$4.00
Pasta (Bolognese)	\$4.00
Fried Rice	\$4.00
Turkish Bread Pizza Sub	\$4.00
Ham and Cheese Toastie	\$2.50
Egg and Bacon Toastie	\$4.00
Cheesies - Small	\$1.00
- Large	\$2.00
Hot Chips and Gravy	\$4.00
Sausage Rolls	\$4.00
Nachos	\$5.00
Baked potato with capsicum, onion and cheese	\$5.00
Hummus and crackers	\$4.00

VEGETARIAN

Sandwiches and wraps	\$4.50
<i>Salad sandwiches, Egg and Lettuce, Curried Egg,</i>	
Vegemite and Cheese Sandwich	\$2.00
Sushi	\$5.00
Vege Chips	\$1.50
Fresh Fruit	\$1.00
Fruit Salad	\$4.00
Hummus and crackers	\$4.00
Spinach and Ricotta Rolls	\$4.00
Pasta (Mac and Cheese)	\$4.00
Cheesies - <i>Small</i>	\$1.00
- <i>Large</i>	\$2.00
Veggie Burger	\$5.00
Hot Chips and Gravy	\$4.00
Nachos	\$5.00
Hash Brown	\$1.50

VEGAN

Sandwiches and wraps	\$4.50
<i>Salad sandwiches can be made with an olive oil spread instead of butter or margarine</i>	
Cheese sandwich	\$2.00
Hummus and crackers	\$4.00
Vege Chips	\$1.50
Fresh Fruit	\$1.00
Fruit Salad	\$4.00
Veggie Burger	\$5.00
Chips	\$4.00
Hash Brown	\$1.50

Most menu items can be adjusted for any dietary needs.

Please place orders in a named envelope with correct money in the box in the front office before school.

freshascanteen@gmail.com

0402 245 221