

MENU

Fresh As Canteen

SANDWICHES, COLD FOOD & SNACKS

*Sandwiches - <i>Ham & Salad, Chicken & Salad, Egg & Lettuce, Curried Egg</i>	\$5.00
*Wraps - <i>Assorted (Half Wrap \$4.00)</i>	\$6.00
*Salad & Egg Tray (with Chicken or Ham +\$0.50)	\$6.00
*Large Salad Bento Tray (Meat, Salad & Fruit)	\$9.00
*Sushi - <i>Teriyaki Chicken, Tuna</i>	\$5.50
*Rice Paper Rolls - <i>Chicken & Salad</i>	\$5.50
*Quiche	\$5.00
*Fruit Salad	\$4.00
*Fresh Fruit	\$1.00
#Muffins <i>Assorted Flavours</i>	\$3.50
*Snaps - <i>BBQ or Tangy</i>	\$2.00
*Yoghurt Tub & YoGo - <i>Assorted Flavours</i>	\$2.50

HOT FOOD

#Party Pie	\$1.00
#Meat Pie	\$4.00
#Giant Sausage Roll or Spinach & Ricotta Roll	\$4.00
#Hot Dog	\$3.00
#Chicken Sub	\$3.50
*Baked Potato with capsicum, onion and cheese (winter only)	\$5.00
#Nachos (with avocado +\$1.00)	\$5.00
#Hash Brown	\$1.50
#Hot Noodles	\$3.00
*Fried Rice	\$4.00
*Toasted Ham & Cheese Sandwich	\$2.50
*#Burger - <i>Beef & Cheese or Chicken & Cheese (with salad +\$1.00)</i>	\$5.00
#Turkish Bread Pizza Sub	\$4.00
*Toasted Turkish Bread	\$7.00
<i>Chicken, Cheese & Avo or Ham, Tomato & Cheese</i>	
*Toasted B.L.T	\$5.00
#Bacon & Egg Muffin	\$4.00
*Pasta (<i>Bolognese, Lasagne, Mac & Cheese</i>)	\$4.00
#6 Nuggets with Sauce	\$3.50
#Air-fried Hot Chips (with Gravy +\$0.50)	\$3.50
*Cheesie - <i>Small</i>	\$1.00
- <i>Large</i>	\$2.00

DRINKS

Water	\$2.00
Juice Box	\$2.50
Up & Go	\$2.50
Flavoured Milk 300ml	\$2.50
Flavoured Milk 600ml	\$4.00
Waterfords Varieties	\$4.00
Chill Aloe & Iced Tea	\$4.00

TRAFFIC LIGHT FOOD SYSTEM

*Green - Healthy Choice (Allowed Every Day)
#Amber - Limited Choice (No more than twice per week)

Dietary requirements can be catered for if pre-ordered.

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